## 6 steps to bring happiness



Find an average-sized shoebox. Decide who to fill it for; a child, a teenager, a man or a woman.



Wrap your box and lid separately so that the lid can be removed without tearing the paper.

Gather the items, remove any



shoebox should be at your church, school or or other collection point week commencing 28 October 2019

CHECK On the checklist, tick the items you have put in your shoebox and note any that are not on the list.



Secure the ticked checklist to the outside of the shoebox lid using sticky tape. Detach the donation envelope as instructed and place with your donation inside your box.



Secure the lid with rubber bands. (Custom regulations require Blythswood Care to check the contents of your box.) Deliver your box to your local collection point.



For Christmas delivery your

# Soap/Shower excess packaging and pack into the box. Face cloth/ Mo Deodorant Moisturising Comb/Brush Sanitary Prod Shaving foan Underwear S Miscellaneous New Make-up Sewing Equipment Girl - age ..... □ Teenage Girl - age ..... □ Teenage Boy - age .....

**CHECKLIST 2019** 

Please tick items included and firmly secure this list on your shoebox lid.

#### SUGGESTED ITEMS (ALL ITEMS MUST BE NEW):

Please do try to include the following items highlighted in the top box.

Toothbrush and Small Toy for b Toothpaste as cars, dolls, ba Hat, scarf, gloves Soap

include new sho Sweets (No cho food) 'Best Before' da than March 2020. No

lollies or undated ba Do not include used or damaged items; war related ite or knives or military figures; hand-made or knitted stuf any food other than sweets. Chocolate Eclairs and Cho

Toiletries (NO TALCUM POWDER)	

Shampoo

allowed; books that are mainly words should also not

	Screwdrivers/Pliers	
r gel	Kitchen Utensils	
oist wipes	Stationery	
Cream	Pens/Pencils/Sharpener	
ducts	Clothes and other Items	
n/Razors	(T-shirts/Pyjamas/Jumpers/	
Socks/Tights	Shirts) etc	
D		

### PLEASE TICK THE BOX NEXT TO WHO T

Please specify the age of the girl ρογ γοι have filled this box for:

Boy - age .....

☐ Man .....

U Woman .....

Elderly woman .....

## ECKLIST 2019

Please tick items included and firmly secure this list on your shoebox lid.

#### SUGGESTED ITEMS (ALL ITEMS MUST BE NEW):

Plassa do tra	y to include the following	, itome highlig	abted in the to	n hov
riease uo tr	y to include the following	i items mgmig	inted in the to	ρ υσχ.

<b>Foy</b> for boys and girls such dolls, balls. Please only new shop-bought toys. (No chocolate or any other Before' date no earlier 2020. <b>No loose sweets</b> , dated bags of sweets.	<ul> <li>Toothbrush and Toothpaste</li> <li>Hat, scarf, gloves</li> <li>Soap</li> <li>Soap</li> <li>Small Toy for boys and girls such as cars, dolls, balls. Please only include new shop-bought toys.</li> <li>Sweets (No chocolate or any other food) 'Best Before' date no earlier than March 2020. No loose sweets, lollies or undated bags of sweets.</li> </ul>		
related items such as toy guns nitted stuffed toys; chocolate or rs and Chocolate Limes are not also not be included.	<b>Do not include</b> used or damaged items; war related items such as toy guns or knives or military figures; hand-made or knitted stuffed toys; chocolate or any food other than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also not be included.		
Household Candles	Toiletries (NO TALCUM POWDER) Household Candles		
Screwdrivers/Pliers	Shampoo Screwdrivers/Pliers		
Kitchen Utensils	Soap/Shower gel Kitchen Utensils		
ionery	Face cloth/ Moist wipes Stationery		
Pens/Pencils/Sharpener Notepads/Colouring books Rulers/Rubbers	<ul> <li>Deodorant</li> <li>Moisturising Cream</li> <li>Comb/Brush</li> <li>Sanitary Products</li> </ul>		
hes and other Items	Shaving foam/Razors		
nirts/Pyjamas/Jumpers/ ts) etc	Underwear Socks/Tights (T-shirts/Pyjamas/Jumpers/		
	Miscellaneous     Image: market and mark		
WHO THE BOX IS FOR	PLEASE TICK THE BOX NEXT TO WHO THE BOX IS FOR		
he airl or boy you	Please specify the age of the girl or boy you		

have filled this box for:

☐ Girl - age	Boy - age
Teenage Girl - age	Teenage Boy - age
🗌 Woman	□ Man
Elderly woman	

Transforming lives through Christian care for body and soul